

# Mentorship Program Additional Materials



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## "Guiding Tomorrow's Leaders Today"

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# COUNSELING & GUIDANCE MENTOR AGENDA



## TODAY'S TASKS

- Catch up with Mentee
- Brainstorm mental health goals for the semester
- Formulate a plan for achieving these goals
- Discuss mental health resources
- Advise the mentee on healthy coping techniques
- Clarify expectations
- Remind Mentee of next meeting



## TODAY'S EVENTS

Today I, *(write your name)*

\_\_\_\_\_

met with *(write mentor/mentee name)*

\_\_\_\_\_

for the *(write the topic of the day title)*

\_\_\_\_\_

on *(write today's date)*

\_\_\_\_\_

Thank you for successfully completing your mentorship session!



## IMPORTANT NOTES & PROGRESS UPDATE

# PROFESSIONAL DEVELOPMENT MENTOR AGENDA



## TODAY'S TASKS

- Catch up with Mentee
- Brainstorm professional growth and career goals for the semester
- Formulate a plan for achieving these goals
- Discuss areas for professional development
- Provide interview techniques and resume advice
- Clarify expectations
- Remind Mentee of next meeting



## TODAY'S EVENTS

Today I, *(write your name)*

\_\_\_\_\_met with *(write mentor/mentee name)*

\_\_\_\_\_for the *(write the topic of the day title)*

\_\_\_\_\_on *(write today's date)*

\_\_\_\_\_Thank you for successfully completing your mentorship session!



## IMPORTANT NOTES & PROGRESS UPDATE

# COMMUNITY OUTREACH MENTOR AGENDA



## TODAY'S TASKS

- Catch up with Mentee
- Brainstorm community service goals and plan for semester
- Discuss the goals accomplished so far
- Discuss upcoming community service opportunities
- Check up on required service hours
- Clarify expectations
- Remind Mentee of next meeting



## TODAY'S EVENTS

Today I, *(write your name)*

\_\_\_\_\_met with *(write mentor/mentee name)*

\_\_\_\_\_for the *(write the topic of the day title)*

\_\_\_\_\_on *(write today's date)*

\_\_\_\_\_Thank you for successfully completing your mentorship session!



## IMPORTANT NOTES & PROGRESS UPDATE

# LIFE SKILLS MENTOR AGENDA



## TODAY'S TASKS

- Catch up with Mentee
- Brainstorm community service goals and plan for semester
- Discuss the goals accomplished so far
- Ask what areas in life they are struggling with currently
- Provide advice/tools to help
- Clarify expectations
- Remind Mentee of next meeting



## TODAY'S EVENTS

Today I, *(write your name)*

\_\_\_\_\_met with *(write mentor/mentee name)*

\_\_\_\_\_for the *(write the topic of the day title)*

\_\_\_\_\_on *(write today's date)*

\_\_\_\_\_Thank you for successfully completing your mentorship session!



## IMPORTANT NOTES & PROGRESS UPDATE

## **MENTORSHIP EVALUATION SURVEYS**

### **For Mentors**

We would like to have your opinion of the mentor program so that we may evaluate and strengthen our program for the future. Please complete the questions below and return the survey to the program coordinator. *(Please circle your response)*

1. How would you rate the mentor program?  
excellent                      very good                      good                      poor
2. How would you describe the quality of your experience as a participant in the program?  
excellent                      very good                      good                      poor
3. Would you volunteer to serve as a mentor again next year or in the future?  
yes                      possibly                      not sure                      no
4. Did the mentor training session help you prepare for your mentoring experience?  
yes                      somewhat                      not sure                      no
5. Would you have liked additional training for mentors?  
yes                      maybe                      probably not                      no
6. How clearly defined were your mentor responsibilities?  
very clear                      moderately clear                      a little unclear                      very unclear
7. The mentor program coordinators were accessible and easy to talk to and seek advice from when necessary.  
always                      somewhat                      not much                      never
8. How would you describe your relationship with your mentee?  
very good                      good                      fair                      poor
9. Do you think that the time you spent with your mentee was sufficient?  
yes                      almost                      not really                      no
10. Do you think that the time you spent together was helpful for your mentee?  
yes                      somewhat                      not really                      no
11. Did you gain personally from this relationship?  
yes                      somewhat                      not much                      no
12. I would have preferred to meet less often with my mentee.  
yes                      sometimes                      rarely                      no
13. I would have preferred to meet more often with my mentee.  
Yes                      sometimes                      rarely                      no
14. What was most satisfying about the mentor program?
15. What was least satisfying about the mentor program?
16. What would you suggest to improve the mentor program?

## **For Mentees**

We would like to have your opinion of the mentor program so that we may evaluate and strengthen our program for the future. Please complete the questions below and return the survey to the program coordinator. *(Please circle your response)*

1. How would you rate the mentor program?  
excellent                      very good                      good                      poor
2. Did you enjoy being part of this program?  
yes                      somewhat                      not much                      no
3. Would you want a mentor next year?  
yes                      probably                      not really                      no
4. Did you like your mentor?  
yes                      somewhat                      not much                      no
5. Did you think meeting with a mentor was fun?  
yes                      somewhat                      not really                      no
6. Would you have liked to meet with your mentor more often?  
yes                      a bit more                      not much more                      no
7. Did having a mentor help you do better in school?  
yes                      somewhat                      not much                      no
8. Did you learn new things from your mentor?  
yes                      somewhat                      not much                      no
9. Did you feel comfortable talking to your mentor about things, either good or bad?  
yes                      somewhat                      not really                      no
10. Did you feel comfortable talking to your mentor program coordinator about your experiences, either good or bad?  
yes                      somewhat                      not really                      no
11. List some of the activities you did with your mentor:
12. List something (if anything) that you learned from your mentor.
13. What did you like best about the mentor program?
14. What did you not like about the mentor program?
15. What do you think we should change or do differently next year?